

SALADS

APPLE & GREENS 9

Baby gem, red oakleaf, smoked Applewood cheddar, red onion, walnuts, green apple and apple cider vinegar dressing

KALE & AVOCADO 10

Kale, charred avocado, apple, spinach, sprouts, radishes and lime yoghurt dressing

ADD

PAN SEARED CHICKEN BREAST 5

AVOCADO 2

SOFT BOILED EGG 2

SANDWICHES

CHICKEN 9.50

with pickled turnip, pickled radish, red onion, baby gem, rocket, spinach, parsley pesto and lemon mayonnaise

SMOKED SALMON 9.50

with pickled turnip, pickled radish, red onion, baby gem, rocket, spinach, parsley pesto and lemon mayonnais

EGG 9.50

with pickled turnip, pickled radish, red onion, baby gem, rocket, spinach, parsley pesto and lemon mayonnaise

Any sandwich and any soup 12

PLATES

CURRIED CAULIFLOWER 12

Curried cauliflower, lemongrass, almond, grapes, couscous and coconut

SEARED TATAKI TUNA 15

with cucumber, radicchio, red oakleaf, red onion, soft boiled egg, potato, green beans, mangetout, edamame beans, rocket and sesame with yoghurt and lime dressing

PEA SEARED CHICKEN BREAST 15

with baby gem, green asparagus, snow peas, edamame beans, broad beans, parmesan, almonds and lemon vinaigrette

SOUPS

CHICKEN VELOUTE

CAULIFLOWER, CHEDDAR 6

AND PARSLEY 6

SIDES

BREAD WITH GARLIC BUTTER 2
 with parmesan crust

GREEN SALAD 5

ASPARAGUS SALAD 6

CAULIFLOWER 5
 with curry, almond, scallions and grapes

BROCCOLI 5
 with preserved lemon and almonds